

# Seven Centers

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To know which centers we possess internally — how they function, what energy they consume, where they are located, etc.

## **The Seven Centers of the Human Machine**

### **Objectives**

To know which centers we possess internally — how they function, what energy they consume, where they are located, etc.

What possibilities we have as human beings to develop them, balance them, and regenerate them.

What function they fulfill, what their activity is during daily life, and how to conserve energy.

## **The Seven Centers of the Human Machine**

(It is important to note here that in speaking of Centers we refer to something that pertains to the Physical World, and therefore to the Physical Body.)

### **Sexual Center**

**Location:** Coccyx bone.

**Function:** TO CREATE, with three possibilities of sex:

- 1. Supra-sex — creates the children of light; creation of the existential bodies of the Being.

- 2. Normal Sex — reproduction of the species (without fornicating).
- 3. Infra-sex — reproduction of the animal ego.

**Energy:** Sexual. **Sense:** Touch. **Defect:** Laziness.

### **Instinctive Center**

**Location:** Sacrum bone.

**Function:** Its conscious function is TO APPREHEND (to capture the deep meaning of any situation lived, without storing it in memory).

It is in charge of managing all the waters of the microcosm — therefore it manages the health of the physical body, the reproduction of cells, karma, etc.

It manages all the metallic atoms of our Mercury. In them is found our Ego, which is why when the Emotional Center produces a desire, this Center takes hold of it. Therefore we say it fulfills the function of "to learn" (through the memory of the waters), through desire: TO DESIRE — and that is the mechanical function of this center.

**Energy:** Vital. **Sense:** Taste. **Defect:** Greed.

### **Lower Emotional Center**

**Location:** At the level of the Navel, upon the spinal column.

**Function:** TO FEEL — Positive and Negative Emotions.

Positive emotions are originated by the consciousness — such as the desire to serve and to love. Negative emotions cause us to feel pleasure or pain and produce rejection. With negative emotions we fall in love, feel pleasure, joy... we hate, we feel resentment and rancor.

We must learn to balance this center, for it is the one that manages the fire, and therefore keeps us adulterating at every moment.

**Energy:** Emotional. **Sense:** Smell. **Defect:** Lust.

### **Lower Intellectual Center**

**Location:** At the level of the Heart, upon the spinal column.

**Function:** TO THINK — to ideate, plan, project, remember.

Before doing anything, we first plan it; this is why it is said that thoughts are the origin of works. When we think — even if we do not know it — we are beginning to create. The quality of works depends on the quality of thoughts.

We must learn to self-observe this center, since it spends much energy (with negative thoughts). The best way to think is not to think, and to know how to listen to the heart.

**Energy:** Mental. **Sense:** Hearing. **Defect:** Pride.

### **Motor Center**

This is the center of movement. It is in charge of all works and words. This center is totally mechanical when it is managed by the psychological I (we are Zombies). It learns to do anything and perfects the movement until thought participates not at all. If we thought while this center acts, we could even kill ourselves — for example when driving a vehicle. This center manages the will; and while we have defects, our works will be influenced by them.

**Location:** At the level of the Larynx, upon the spinal column.

**Function:** TO DO — with Words, Works, and Omissions.

What human beings do most is to talk all kinds of foolishness — they almost never say or do useful things.

**Energy:** Motor. **Sense:** Sight. **Defect:** Anger.

### **Superior Emotional Center**

**Location:** Pituitary Gland.

**Function:** TO JUDGE, to measure effects.

**Energy:** Of Consciousness. **Sense:** Self-Observation or Clairvoyance. **Defect:** Gluttony.

## **Superior Intellectual Center**

**Location:** Pineal Gland.

**Function:** TO KNOW.

**Energy:** Of Pure Spirit. **Sense:** Polyvidence. **Defect:** Envy.

### **The Current State of the Seven Centers**

In all human beings the centers are out of balance, since no one is interested in working upon himself, and almost the totality of beings do not know themselves. Therefore we must begin the work by knowing them.

The Instinctive Center, as producer of energies, supplies all the lower centers, and the excess energy is deposited in the Sexual Center. This work is done during the night while the physical body rests.

At the beginning of the day, each of us finds ourselves with the batteries full. And we begin to spend energy each time we use a center.

Each of our thoughts is spending the energy of the Intellectual center, until exhausting its initial charge. When this charge is totally exhausted, the Intellectual center steals from the Sexual center in order to keep functioning.

Each of our words and each of our movements spends the energy of the Motor center. When its energetic reserves are exhausted, it must steal energy from the Sexual center in order to keep working.

Each of our emotions in daily life exhausts energy of the Emotional center, and in turn this one goes on stealing from the Sexual center.

In turn, the Sexual center, in order to function — since it has been plundered all day long — has to work with the surpluses of the other centers. Conclusion: they do not work with their own energy, and nothing new can be created.

To make matters worse, very few humans know Supra-sex; and when they reach the sexual practice, they make efforts to extract the energy or to expel it through orgasm. And all the energetic reserves are extracted just to amuse ourselves.

### **How the Centers Are Balanced**

The first five centers are fallen and work mistakenly. The two superior ones did not fall and work in balance. Very few beings make use of the superior centers. The majority make bad use of the five lower ones.

- 1. If we are going to balance the centers, we must first learn to observe them.

- 2. The second step will be to learn to conserve energy so that there is no plundering of the Sexual center.

We must begin to reflect on:

**Right Thinking** — What is it? This thought is not of my Being; it is of an I, and it must die.

**Right Feeling** — What is it? This sentiment is not of my Being; it is of an I, and it must die.

**Right Acting** — What is it? What am I doing? This mechanicity is not of my Being; it is of an I, and it must die.

**Right Speaking** — What is it? What am I saying? This is not useful and must die.

If we begin this strategy, we shall see that very few are the things we do, say, feel, and think that meet these requirements. We will realize that we do nothing but foolishness, that we never think of anything useful, that we never feel anything good, and that we talk our heads off. Conclusion: failure.

On putting this strategy into practice, the Conservation of energy will begin — which will permit us, by using sex well, to create the Existential Bodies of the Being and to come out of the animal state in which we currently find ourselves.

Since any possibility of Being depends on this, we must begin to practice it immediately.

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