

How Soul And Spirit Are Made

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What is the Soul?

It is a set of virtues, powers, faculties, forces, etc., that each one of us has latent in his Essence, currently contaminated. To the measure that the Essence is liberated and fixed to the spinal medulla, they become free and awoken to serve our Consciousness.

Virtues: because each of our defects that has been comprehended and eliminated transforms itself into the virtue contrary to the defect. For example: the defect of treason is transmuted into the virtue of fidelity; that of the thieving I, into the virtue of honesty; anger, into sweetness; lust, into chastity, etc., etc.

Powers: because to the measure that the Kundalini rises through our spinal medulla, creating each of our bodies, we go on receiving certain powers. Examples: when the Solar Physical body is created, we receive the power to govern the Gnomes and Pygmies. When the Solar Vital body is created,

we receive the power to govern the Undines and Nereids of water. When the Solar Astral body is created, we can travel in the Astral body to any place or celestial body, penetrate into the fifth dimension whenever we wish; we also receive the power to govern the Salamanders of Fire, etc., etc. When we create the Solar Mental body, we can enter the mental world whenever necessary, enter into contact with the Sylphs and Sylphides of Air, receive all their wisdom. And the power to govern all of Nature is received when the body of the Solar Will, which permits us to create even ourselves, is created.

Faculties: because in each of the Initiations, faculties are granted to us — faculties that are latent in all beings, but which they do not know how to manage. These faculties are: clairvoyance, clairaudience, polyvidence, magical hearing, presentiment, telepathy, telemetry, intuition, the faculty of communicating with the elementals of nature, etc., etc.

Forces: because to the measure that the psychic development occurs, all those forces go on integrating themselves around our Being, and we can do things that not a thousand men together could do.

How is the Soul Made?

The Soul is made by working in the Three Factors, thus:

- 1. **Psychological Death:** With death we save energy, balance the centers, and liberate the Consciousness trapped in the defect.
- 2. **Spiritual Birth:** Creation of the Existential Bodies of the Being, in the sexual union of a man and a woman, making wise use of our Creative Sexual Energy.
- 3. **Sacrifice for Humanity:** Delivering this Knowledge to other human beings disinterestedly (Merits of the heart for the work).

Steps for the Making of the Human Soul

- 1. Receive the Objective Knowledge ("Of a thousand who seek me, one finds me.").
- 2. Begin the practice of the Three Factors.
- 3. Balance the centers ("Of a thousand who find me, one follows me.").
- 4. Have a stable partner, for this is the Mountain of Birth.

- 5. Turn the waters, or make them ascend through the spinal medulla (do not fornicate when practicing).
- 6. Receive the Silver Sword.
- 7. Take the Five Initiations of Major Mysteries:
 - 7.1 Regeneration of the Solar Physical body.
 - 7.2 Regeneration of the Solar Vital body.
 - 7.3 Creation of the Solar Astral body.
 - 7.4 Creation of the Solar Mental body.
 - 7.5 Creation of the body of the Solar Will.
- 8. Choose the Direct Path upon initiating the Fifth of Major Mysteries ("Of a thousand who follow me, one is mine.").
- 9. The Perfect Marriage, or union of the Divine Soul and the Human Soul.

When we finish the Fifth Initiation, we become converted into True Men. At that moment we can say that we have a Human Soul.

The creation of the five solar bodies is called the First Mountain, or the ascent of the Fire for the first time from the

coccyx to the pineal gland. It is also called the making of the Human Soul or Genesis. Each initiation begins in the midpoint between two centers and ends in the midpoint between two centers.

How is the Spirit Made?

When the two Souls are united — the Divine and the Human — the Second Triad is formed, which is: Atman, Buddhi, and Manas; this triad is called the Spirit.

The development of the Spirit takes place in the ascent of the Second Mountain.

In the Second Mountain the Seven Churches and the Seven Consciousnesses or Seven Wisdoms are developed and completed.

Questions

How is a Body created? A body is created by balancing the five lower centers (as was seen in the conference on the seven centers). With the savings of energy in daily life, through psychological death, and the investment of those savings in sexual transmutation, we go on creating each of our bodies (as was seen in the conference on the seven bodies).

In how much time is a Body created? A body is created in an approximate time of two and a half years, working

seriously.

In how much time is the Soul created? The soul is created in approximately thirteen years.

How do we know that the Work has already begun?

The work begins with chastity; it is necessary to comprehend the fornicating I in order to be able to light the fire, for this defect impedes any advance. Once this aggregate dies, we receive in the interior world a small silver sword with a white hilt. Each fornication makes us lose two vertebrae.

Can Bodies be created without a partner? No. Outside of sex nothing can be created; it is first necessary to obtain a partner who is interested in this work, and who has love for the sexual work, since this work is very serious and requires continuity of purposes.

Can the Soul be created while castrated? No. To be able to create the Soul, it is necessary to have the sexual glands in perfect conditions. Castration is an offense against the Holy Spirit, the Creator. A castrated person cannot create anything; he would have to regenerate himself.

In how much time can the Second Mountain be made? To make the Second Mountain, a thousand years are given to us with the same physical body, upon making the de-

cision of the Direct Path. But an initiate can do it in twenty years, working steadily.

Why does only one in a thousand who seek the Path find it? Because of karma. Many have had the Knowledge and have abandoned it; others have betrayed the Divine Mother; others have committed offenses against the Holy Spirit. Others are seekers and do not even know what they seek. And all lost the right to have it for various existences.

Why does only one in a thousand who find it follow it? Look — all of you already know what it is you must do, but a strange force does not let you begin the work, and you content yourselves with listening to the conferences. During some time you will be trying to do something, but the I of laziness and your personality will make you return to your old habits. If you made a super-effort, helping others, you would receive a force that would impel you to begin in earnest.

Why does only one in a thousand who follow it attain it? When the choice of the paths arrives, 999 choose the path of Nirvana — they betray the Innermost Christ out of fear of the difficulties of the Second Mountain — and only one decides for the Absolute. The path of Nirvana is not to be wished even on the worst enemy, for a recurrence is established, and that Being will never eliminate from his psyche the Causa-causorum I-s. Therefore he shall never self-realize himself.

To the measure that the Essence is liberated and fixed to the spinal medulla, they become free and awaken to serve our Consciousness.

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