

# **Family And Attachments**

*by Samael Aun Weor*

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- To comprehend what the family is and the mistaken concepts we have about it.
- To see the value it has in the esoteric work.
- The problems it originates in the development of the esoteric work.
- The stagnation and conflicts that attachment generates.

## **Explanations on the Family and the Attachments**

### **Objectives of this conference:**

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- The problems it originates in the development of the esoteric work.
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### **We possess three families:**

#### **1. The Physical Family**

The first class of family is related to the exterior world, where we find our Physical Body and the Personality: father, mother,

brothers, wife, children, uncles, cousins, grandparents, grandchildren, etc.

## **2. The Psychological Family**

A second family related to the Soul, or Mind, or Energy. This part of the soul is what we are going to call our interior world. It is constituted by all our Ego or ways of being of oneself — the 97% of Essence or Consciousness trapped.

## **3. The Real Family**

The third family is the one related with the Spirit or Consciousness; it is the part we are going to call our interior world. It is the 3% of free Consciousness, to which we shall be adding all that we rescue from the psychological prison. Each of these psychological elements that we have has a real and true part that is trapped in its interior.

### **Let us analyze the physical family:**

- Undoubtedly, we all need the physical body in order to exist and to do the Work.
- We all have the right to have 108 human physical bodies (Law of Return).
- This implies that we shall have to be born 108 times. Therefore we shall have 108 mothers and 108 fathers.

- It also implies that we shall have to pay for the different bodies that have been given to us (Laws of Return and Recurrence).
- The human being upon being born is defenseless; for this reason we must have a mother to take care of us, until being able to defend ourselves by ourselves.
- Those persons born of the same mother we call brothers and sisters.
- Which of all the 108 mothers we have had is the true one? Which of the 108 fathers we have had is the true one? Which of all the thousands of siblings we have had are the true ones?
- We return in the seed of our descendants.
- For the reproduction of the species, it becomes necessary to obtain a partner.
- The creation of the Existential Bodies of the Being will be done in sex, and for that we must have a stable partner.
- For the foregoing, we see the importance of having a physical family.
- The wife is a sister who is collaborating with us, and we with her.

- The children are siblings to whom we have committed ourselves to collaborate.
- We see the people of the street as strangers because they were not born in our house. We do not comprehend that they are our brethren. Is not our house the planet Earth?
- The attachments do not let us comprehend that all human beings are brethren among themselves, and there exists no other bond or title.

### **Let us analyze the Psychological Family:**

The interior family is constituted by some elements called I-s, which manage the different energies of the centers of the machine. This interior family was formed by the bad utilization of the Creative Sexual Energy.

All impressions not transformed, for lack of concentration, create more psychological defects; later, with the passing of time, we have created a legion.

There are I-s of all models, but each one has its own percentage of sparks or essence trapped, formed by the totality of energy it has absorbed throughout its existence. This happens each time we feed the defect. The sum of them is our psychological family, or interior world.

All the defects are synthesized in the Seven Cause I-s: Laziness, Greed, Lust, Pride, Anger, Gluttony, and Envy.

As the poet of Mantua said, even though we had a palate of steel and a thousand tongues, we would not succeed in describing them completely.

Those defects are all our vices, desires, errors, sufferings, pleasures, reactions, etc. And they are dearer to us than our own physical children. From this comes the attachment we have for them. You will see and verify this when you advance in the work of Psychological Death.

### **Let us analyze the Real Family:**

We call it the true family because it will eternally exist. Our Being is constituted by many parts; all of them are unfoldings of our Father:

- **God as Father** represents our wisdom.
- **God as Mother** is our Essence, our prime matter, our Creative Energy of the Holy Spirit, our Love.
- **God as Son** symbolizes Justice, the Psychological Trainer, the giver of Light (Wisdom) and Fire (Love).

Those three primary forces unfold in our interior into another three, which are:

- 1. **Atman.** The Innermost, the Ineffable, the Warrior.
- 2. **Buddhi.** Our Divine Soul, the Valkyrie.
- 3. **Manas.** The Christ-Will, the Verb. Our Human Soul.

There are also:

- The Internal Christ.
- The Twelve Apostles.
- The Twenty-Four Elder Bakers.
- The Four of the Tarot, etc., etc., etc.

To the measure that we work in the Three Factors, and the Revolution of the Consciousness advances, the Integration of our Being begins. We go on experiencing that all those sparks, which currently are trapped in the legion, go on liberating and integrating themselves in order to attain the Sacred Individuality, since at the end all of them will be a Unity.

**Now let us see the question of Attachments:**

To what are we attached? Why do we believe that to be attached is to be in love? On what are our attachments founded?

As is studied in the Conference on Non-Identification with the things of daily life, we can see that all attachments have origin

in fear, that the Devil disguises himself as love through attachment.

This question of attachment is terrible. It ends up delaying and even paralyzing the possibility of Self-Realizing ourselves, if we do not comprehend it perfectly.

A man and a woman unite, and the first thing they look for is a roof. Then they begin to fill it with furniture, and afterward they take root. Later come the children, the properties, the goods, and thousands of other follies.

We become attached to all the comforts. We suffer at the thought of losing them; we think how our life would be without that; we feel ourselves in things and persons; we have become accustomed to them. We do not want to be inconvenienced. We feel that it cost us much work. We think that being without them would be like going back. We worry about what others will say, what they will think, etc.

When have you seen a funeral with hauling and moving?

We feel ourselves owners of the children, of the wife, of the husband; and this prevents us from seeing the reality of things — the passing nature of all things and circumstances of life.

The real fact is that each of our children must learn to fend for himself. That each of them will arrive at youth and begin his

own path. That our responsibility is to take care of them until they develop and form their own homes.

But the most interesting thing happens when a person learns to unfold consciously and discovers that he has no real physical family. There, he would forget about that. And if he were asked, "Who are all the sparks that there are on the planet?" he would say that all are his brethren, because all form the same as he — the Great Family of the inhabitants of the Planet Earth.

Then, with that Consciousness, he would say: "Well, then... who is my mother?" She is a sister, someone who helped me to have my physical body — who owed it to me. "Who is my father?" The same. "Who are my children?" Persons to whom I have to pay something I owed them, and so on. They gave me a body before, and now I give them a body, simple as that.

When one begins to see life this way, we can begin to originate great changes in our psychology.

Let us study this a little more: when a person dies, after approximately three months he carries out the process of detachment from his family, and goes on forgetting all this. He remains living in his interior world. There he develops himself perfectly, in the world of the Soul. If he is conscious, he can keep living consciously. If he is asleep, he will live hypnotized

in that interior world, waiting for them to give him another physical body to return to the planet Earth.

A grave problem in Esotericism is given by attachment. When one is working in the interior world, one has to pass through the tests. And the tests are won or lost. If one is very attached, he generally loses the tests.

It is necessary to comprehend the conflict that there is with the family and the attachments — to have it very clearly, very well comprehended — so as not to stagnate in the work.

When one arrives, for example, at the choice of the Paths — the Direct Path or the Path of Nirvana — what a grave conflict is passed through! Of a thousand (1,000) initiates, only one decides for the Direct Path. The remaining nine hundred and ninety-nine (999) enter the Path of Nirvana, on account of attachment to the Causa-causorum I-s. Those I-s do not let one go by the Direct Path; they cause a fuss, and make him choose the path of Nirvana.

But let us see, on the physical plane, with the true esoterist worker. When the person goes on awakening Consciousness with the esoteric work, he begins to meet the Lords of the Law daily. That is like being a lawyer; every day one has to go to court two or three times, because one is negotiating Karma. He is paying the Karma of seven existences. There are crimes

that are so grave and karmas so heavy that, if they were to be collected from us, we could not self-realize. Therefore it is necessary to be daily negotiating.

At a determined moment the master Anubis may appear and say to us: "Look, this karma is coming upon you; you must negotiate it in such a form." And one could answer Him: "Well, let us do that." But no. I am going to give as an example the case of a comrade of ours:

One night, in the astral world, he found himself with Anubis, who said: "Look, a karma is coming upon you for pride, and a leprosy falls on you." He responded: "Can I negotiate it?" — "Yes, you will go to Brazil in two months to look for a brother."

The man arrived at the physical plane, scratched his head and thought: my wife, my children, the school of my children, my house, my farm, my conference rooms, my comrades, my comforts, my friends, my language, my money, my rents, etc. — how am I going to go there?!

The truth of the case is that he sought out Anubis and said: "I am not going; send me the leprosy." Two months later the family took him to be interned at Agua de Dios; they put him there for fifteen years.

The man decided to pay with pain. Two months later he had no wife, nor children, nor automobile, nor house, nor farm. If

he had gone to do his work, he would not have suffered so much; but the attachment to his things terribly sank him.

There are many similar cases. When the family weighs more than the Work, there is no possibility that one can pass any test. It is important, then, that every person who is attempting the self-realization of the Being reflects upon and comprehends what the true position of each thing is.

All the values that society has given to the family repeat the structure of the same society. When we human beings were nomads, and we traveled to all parts of the planet, we moved; we were not planted.

If we comprehend this, we can do the work in a single existence; we can keep going forward at the moment when we have to make decisions.

There are four tests that are set upon us incessantly when we are in this work. They are the tests of Air, Fire, Water, and Earth.

No one would pass the tests of Air if he has attachments. Each time that internally they throw us into an abyss and we shout, that shout is the unmistakable symptom of an attachment. Attachment to the physical body, attachment to this, attachment to that, to a child, to a thing, etc. And the Masters make

us see it internally by throwing us from above. Then we feel the terror of losing and shout.

If we were conscious that each time we buy one more adornment for the house, we divide and fraction our love, and that when we are seeking self-realization we are integrating love, we would not need to throw away the house or get rid of it, but to comprehend why we want it in the form that we want it. If we succeed in doing this, we will not need to dispossess ourselves of the family. The family is a duty. But we have to know how far the duties and the rights within the family extend, to be able to advance consciously in the integration of the Real Family and the disintegration of the psychological family.

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