

# **The Yellow Book**

*by Samael Aun Weor*

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## **PREFACE**

*By Master GARGHA KUICHINES*

There are persons who have some merit gained in previous lives, and upon seeing a work such as the present THE YELLOW BOOK, perform some practice and immediately go out into the astral world; but with such bad luck that, when they return again to the physical world and meet brothers of the path, they recount their experiences, divulge everything that is shown to them, and at once they are sealed — that is, they are not permitted to bring back the memory for a long time.

These persons turn to us asking for new formulas to go out into the astral, but they do not tell us that they already went out and that they did not keep silent about their astral experi-

ences; this indicates that every brother who goes out into the astral must keep silent — that is, not divulge what he sees or what is shown to him, if he does not wish to be sealed immediately. If he is a Bodhisattva, it falls to him to wait until he reaches the state in which he fell in previous lives; and once he has recovered his initiations, from there onward his faculties are returned to him, and the initiate goes out again into the astral, to have clairvoyance, to awaken consciousness, and so on.

It is very interesting that the student body know these facts, since there are many who are interested in having faculties to go out into the astral; but for better information of the Gnostic students, I shall recount a historical fact that we publish for the first time.

It turns out that around the end of the year 1948, when I was a beginner in these studies, I would ask Master Aun Weor to give me a Mantram to go out into the astral, and he gave me some. For me, going out into the astral was determinative because I longed to know in the inner worlds who that personage was who was giving me these teachings; it was a matter of nothing less than watching over the Master himself, in those days Aun Weor.

I asked constantly and made permanent practices, gave little jumps — in short, I did everything the student is capable of when he has yearnings to experiment or investigate what he

proposes — that is, when there is an objective at stake. In my case the purpose was to watch over the one who was instructing me as Master; I am not ashamed to say this, because with us many shall also do it in the same way I did. Well then, after having done many practices, I recall that once I went out in the astral, and the first thing I did was to look for the Master, and then I asked to be taken to where he was. I recall that I went out at a fantastic speed through many regions until I came to a great city, feeling the desire to head to the periphery of the city, always high up until I descended into a tenebrous, very dark neighborhood, full of taverns and narrow alleys with people of bad character. Once I was on the ground I began to observe, to search through windows and doors, but I found nothing but dirty cabarets, taverns, and places where beer was sold and all kinds of intoxicating liquors were drunk.

Through a window I managed to see my Master, and what was not my surprise when I observed that beside him was a terrible demon who was throwing his tail over the Master's shoulder, and on the tip of his tail he had a kind of sting or claw which he placed on the Master's left shoulder. For me that was lamentable, because the first thing I said to myself was the following:

*"Look at this man who forbids me to drink beer, while he is in these places of brothels and vice, drinking — and with no less*

*than a demon."*

How great would be my disillusion and the fright I received — it seemed to me a disastrous picture to such a degree that immediately I returned to the body.

With that information I had perceived directly, I waited for the morning to come to go visit the Master and see what face he would make when I revealed to him in what things I had caught him. This reminds me of many Gnostic students who set themselves to watch over the directors, Gnostic priests, or International missionaries, and so on, and it turns out that the senses of the student do not serve, they are imperfect because the student is imperfect; in such a way that with dirty senses they see dirty and disastrous things.

Well then, very early I went to the Master, I began to speak to him always with a little malice, and I said to him: "Master, do you know that I went out into the astral?" And he said to me: "Magnificent." Then I told him I had seen him drinking beer with a demon. My surprise was that when I said this to him, he was filled with joy, he became happy. However, my own demons were saying to me: "Look how shameless he is to be glad that you have seen him with such a personage in such low places, instead of being sad and contrite because you have discovered him."

The Master asked me why I had not entered. I said I did not like to enter that class of places, and furthermore I reproached him for entering such places. The Master told me that he had to do it because that demon needed to be conquered: "I cannot tell you now who he is, but in his time I shall tell you; he is the only demon I know who feels love for his disciples. I am pursuing something I cannot tell you now, but I am glad you have witnessed that colloquy."

In synthesis, what I had seen later gave its results — it was a matter of nothing less than breaking the chain that had the world tied, and the tenebrous siege was broken through the repentance of Beelzebub, which all the Gnostic students already know. However, in those days I knew nothing of these intelligent things the Master was planning; I judged with my imperfect senses because I had a dirty mind.

For this reason the Students should improve their senses so that they bring back good information. They are improved by ending the defects; it is urgent that the student end his defects so that his senses may improve, and his faculties return, and he may go out into the astral, into the state of Jinas, and see the results in precise form.

Beelzebub, that demon, passed to the White Lodge because he protested at the evil he had done and remained in the hands of the Masters of the White Lodge; with that terrible link broken

which imprisoned the world, a quantity of black magicians fell, which the Master expresses in *The Revolution of Bel* and also in *The Perfect Matrimony*.

There are Brothers who set themselves to deduce without being prepared — as I deduced in those days — and for this reason the Master never confided to me in that time anything of his plans, because I could sell him out; in a disciple full of defects one cannot trust. Hence the need to cleanse the mind and improve oneself, using the keys the Master gives in all his books — but they must be put into practice.

*Julio Medina Vizcaíno.*

## **INTRODUCTION**

The adorable Mother Kundalini is the burning fire of the Holy Spirit.

She is Isis, Mary, Maya, Adonia, Insoberta, Rhea, Cybele, and so on.

She has thousands of adorable names. She is love.

Electricity, universal magnetism, cosmic force, the laws of cohesion and planetary gravity were created by the mother of all adoration.

All the planets that shine, sparkle, and pulse in the unalterable infinite rest within the delightful bosom of the Blessed Goddess Mother of the World.

The Lady of supreme adoration leads her children by the hand along the dangerous path of the razor's edge.

The Divine Mother remains coiled three and a half times in the Coccygeal Church.

The Lady of all adoration opens the seven Churches of the Apocalypse of the spinal cord.

We must seek the Divine Mother in the heart-temple.

The cross of initiation is received in the heart-temple.

Only the adorable Lady of Love has the power to awaken her children within the deep bosom of the Universal Spirit of Life.

The Mother must become a serene lake without tempests, where the whole panorama of the starry sky is reflected.

When the mind is quiet and in silence, then the Divine Mother rejoices in us. That is beatitude.

Peace is achieved only with the control of the mind.

Purity of thought leads to the perfection of the Yogi.

We must venerate the Masters. We must do our esoteric practices full of ardent faith.

Those who have faith are converted into ineffable beings.

Wisdom and love resplend in the mind of those who have attained Samadhi, the ecstasy of the saints.

With this book of Burning Fire, all our beloved disciples shall be able to become true masters of Samadhi.

Ascend, beloved ones, along the path of initiation with utmost prudence. Remember that this path is full of dangers within and without. This is the path of the razor's edge.

Drink the nectar of immortality at the purest fountain of ecstasy. Tread the path of perfect sanctity.

The Divine Mother has the power to open all the chakras of the astral body. She is the Lady of all perfection.

The Lady of perfection dwells in the electrons.

On her the Gnostic sages meditate, the mystics adore her, the lovers raise her up through the spinal canal.

Care for your seminal liquor. Avoid nocturnal emissions with the Arcanum A. Z. F.

Relax your muscles for meditation. Keep your spinal column flexible.

Eat no meat of any kind. Drink pure water. Rise at dawn. Remember that honey is the food of the Universal White Fraternity.

Eat fruits, grains, and plants. Practice meditation daily. Remember that meditation is the daily bread of the sage.

The Yellow Book is a book of transcendental and absolutely practical occultism.

Here you have, beloved ones, the yoga that is needed in the New Aquarian Era. Be kind to listen and benevolent to judge.

May your Father who is in secret, and your Divine Mother Kundalini, bless you.

*The Author*

## **Chapter One: LOVE**

Modern Yoga is especially Gnostic Christian. Modern Yoga absolutely rejects Hatha Yoga. We very sincerely believe that the contortions of the Hatha Yogi are proper to clowns and to circuses. That serves for nothing.

The greatest thing there is in life is love. No Circus contortion can ever replace the divine charm of love.

In the Mysteries of Eleusis, men and women magnetized one another through the mysterious dances of Love. Then no one thought of "filthy things," but of Holy and Pure things. The great festivals of Eleusis — the joy, the dance, the kiss, and sexual magic — transformed human beings into true Gods.

Within the delights of love, men and women enchant and awaken the Sleeping Beauty, the divine serpent Kundalini.

When a woman and a man adore one another, they accumulate the terribly Divine forces of the cosmic mother. Those sparkling, dreadfully Divine forces flood with their splendors all the chakras, centers, wheels, lotus flowers of the inner bodies of man.

The dorsal fires are Jehovistic. The fires of the heart are Christic. In the forehead sparkle the terribly divine rays of the father.

All those three classes of energy are pure transmuted semen. In the seminal liquor lies the key of human redemption.

The seminal energy must be sublimated up to the heart. In the heart the divine mother encounters her son, the inner Christ.

The mother and her son live in the heart-temple. The cross of initiation is received in the heart-temple.

There may and must be sexual connection, but it is preferable to die before committing the crime of spilling the semen.

When the magician spills the vessel of Hermes, then the terribly divine forces of the Goddess Isis (whose veil no mortal has lifted) withdraw, fuse themselves into the universal currents, and the man submerges into the abyss.

The tremendous Mantram I.A.O. summarizes the entire science of the Arcanum A.Z.F. This Mantram should be vocalized during the trance of love of sexual magic.

I. (Ignis, fire) A. (Aqua, Water) O. (Origo, beginning, spirit).

Fire makes fruitful the waters of life so that the son of man may be born.

The son of man is always the son of a man and a woman. When two beings adore one another and practice with the Arcanum A. Z. F., they inevitably become Gods.

Cultivate joy in homes — music, flowers. Let the lovers excuse one another all kinds of errors. No one is perfect. The couple should mutually forgive each other their very human errors. Love is not guilty of the disagreements between lovers who

adore one another. All those disagreements are of the psychological Self (Satan).

Modern Yoga is love, music, dance, perfumes, kisses, adoration, Pranayama, meditation, illumination, wisdom, happiness.

Modern Yoga follows the Christ and adores the woman. The times have already passed when the Anchorites tortured themselves with Hatha Yoga; now the modern Yogis and Yoginis love and adore one another.

Love is ineffable, Love is terribly Divine.

*Those sparkling, dreadfully Divine forces flood with their splendors all the chakras, centers, wheels, lotus flowers of the inner bodies of man.*

## **Chapter Two: KUNDALINI**

The Kundalini is the primordial energy enclosed in the Church of Ephesus. This Church of the Apocalypse is a magnetic center situated two fingers above the anus and two fingers below the generative organs.

The Kundalini is the igneous serpent of our magical powers. The sacred serpent slumbers within its church, coiled three and a half times. The Kundalini is the fire of Pentecost. The

Kundalini is the Divine Mother. The sanctuary of the Divine Mother is the heart.

The Kundalini develops, evolves, and progresses within the Aura of the Mahachohan. (The Cosmic Mother) (The Holy Spirit) (The third Logos).

The dorsal fires are Jehovistic. The fires of the heart are Christic. In the forehead sparkle the terribly divine rays of the Father.

The fires of the heart control the ascent of the sacred serpent through the spinal canal. The Kundalini develops, evolves, and progresses in accordance with the merits of the heart.

The Kundalini needs to rise up to the brain and then must arrive at the sacred sanctuary of the heart.

The Kundalini dwells in the electrons. The sages meditate on the Kundalini, the devotees adore it, in the homes of perfection it is worshipped.

When the solar and lunar atoms make contact, then we drink the nectar of immortality because the Kundalini awakens.

The solar and lunar atoms make contact in the Triveni near the coccyx, and then by induction the Kundalini awakens.

The Kundalini is awakened with Pranayama, with concentration and meditation, with very profound devotion, with will and comprehension, with the sacred Mantrams, and with sexual magic.

The Kundalini can also be awakened by the work and grace of some Master of the major mysteries of the white Brotherhood, or because the Divine Mother so wills it.

When the Yogi spills the semen, the Kundalini cannot awaken. The ascent of the Kundalini through the spinal canal is very slow and difficult. The passage of the igneous serpent from one vertebra to another signifies terrible ordeals, dreadful sacrifices, supreme purifications. We must not only slay desire, but the very shadow of desire. Our motto is THELEMA (will).

When the Kundalini reaches the pineal gland, situated in the upper part of the brain, we then attain perfect ecstasy.

We must warn that although the Kundalini has the form of a serpent, it can present itself before the devotee in the form of the Divine Mother — Isis, Rhea, Cybele, Mary, and so on.

When the Kundalini awakens, the devotee sees marvelous visions and hears multiple sounds. When the Kundalini awakens, all the powers of the soul are then developed. When the Kundalini awakens, the student sees a very bright light equal

to ten thousand suns together that resplend with joy in unison with the Church of Ephesus.

If the devotee spills the semen after having begun the ascent of the Kundalini through the spinal canal, the Kundalini then descends one or more vertebrae according to the magnitude of the fault. No fornicator could arrive at cosmic realization.

Water is the habitation of fire. If we spill the water, we then lose the fire.

Chastity is the foundation of the Great Work. All the power of the Kundalini is found in the semen.

Everyone who succeeds in carrying this energy of the Kundalini up to the pineal gland attains, in fact, SUPRA-CONSCIOUSNESS (the state of NIRVIKALPA-SAMADHI).

He who reaches these heights is an illumined one, a God.

The Kundalini lies in the triangular cavity known as the Celestial Triangle, the center of the Church of Ephesus.

The marvelous temple of Ephesus is a splendid lotus. That lotus has four petals. The Church of Ephesus has the luminosity of ten million suns. The elemental earth of the sages corresponds to this lotus flower.

When the sacred serpent opens the Church of Ephesus, powers are conferred upon us over the elemental creatures that live in the entrails of the earth. Then we can act upon earthquakes.

When the serpent arrives at the height of the Prostate, the Church of Smyrna opens. This chakra has six petals. The Prostatic chakra confers upon us the power to create. All creation would be impossible without the Prostatic chakra. The immortal Babaji, the Christ Yogi of India, whose body dates from many millions of years lost in the night of the centuries, is the supreme rector of the prostatic chakra. Babaji handles all life, and has the power to create and to create again. The elemental water of the sages (the *Ens Seminis*) is the element of this chakra. Everyone who opens the Church of Smyrna has power over the waters and the tempests.

The ascent of the Kundalini to the region of the Navel confers upon us the power to act upon the fire of the volcanoes. The chakra of the region of the navel is the Church of Pergamum. This chakra has ten petals. The elemental fire of the sages is the element of this chakra.

When the Kundalini reaches the height of the Heart, the Church of Thyatira then opens, and the power to act upon the four winds is conferred upon us. The Lotus of the heart has twelve petals and its element is the elemental air of the sages.

Everyone who wishes to learn to enter with his physical body within the supra-sensible worlds must awaken the chakra of the heart. This is what is known as the Jinas science. The human body can leave the physical plane and enter the supra-sensible worlds.

When the sacred serpent reaches the height of the heart, the Church of Thyatira opens and we become intuitive.

The ascent of the Kundalini to the region of the Larynx confers upon us the power to hear the voices of the beings that live in the supra-sensible worlds. That laryngeal chakra is the Church of Sardis. Upon reaching these heights, the Kundalini flowers in the fertile lips, made word.

The laryngeal chakra has sixteen petals.

When the Kundalini reaches the height of the space Between the Eyebrows, the Church of Philadelphia opens. This is the eye of wisdom. In this magnetic center dwells the Father. The chakra of the space between the eyebrows has two petals and is the throne of the mind. When the matter-mind transforms into Christ-mind, we receive the mantle of the Buddhas, and the eye of Shiva. Everyone who awakens the frontal chakra becomes Clairvoyant.

When the Kundalini reaches the Pineal Gland, the Church of Laodicea opens. This chakra has a Thousand Resplendent

Petals. This is the crown that shines like an aureole of light on the head of the saints. In the pineal gland exists the atom of the Holy Spirit. Then we receive the white dove of the Holy Spirit and we fill ourselves with illumination, wisdom, and omniscience.

In the Church of Ephesus we conquer the earth. In the Church of Smyrna, water; in the Church of Pergamum, the earth; in the Church of Thyatira, the air; in the Church of Sardis, the Akashic fluid; in the Church of Philadelphia we conquer the mind; and in the Church of Laodicea we conquer the light. Thus is how we are made Kings and Priests of nature, according to the order of Melchizedek.

In the magnetic field of the root of the nose is found the atom of the Father. In the pituitary gland, the atom of the Son; and in the pineal, the atom of the Holy Spirit.

*The Kundalini is awakened with Pranayama, with concentration and meditation, with very profound devotion, with will and comprehension, with the sacred Mantrams, and with sexual magic.*

## **Chapter Three: THE TWO WITNESSES**

The two witnesses coil around the spinal column, forming the holy eight. The two witnesses coiled around the spinal column form the caduceus of Mercury.

The two sympathetic cords are situated on the right and left sides of the spinal column. The two witnesses ascend alternately from left to right until they form a marvelous knot in the space comprised between the two eyebrows. Then they continue through the nostrils.

The sympathetic cord that proceeds from the right side follows its course on the left, and vice versa.

The one that proceeds from the left side is cold. The one that proceeds from the right side is hot.

The cold is Lunar. The hot is Solar. Through this pair of sympathetic cords ascend to the brain the Solar and Lunar atoms of our seminal system. When the Solar and Lunar atoms make contact at the Coccyx, the Kundalini awakens inevitably.

The spinal canal has a lower orifice that is normally closed in common and ordinary persons. The seminal vapors uncover that orifice so that the Kundalini may enter through it. Yoga has a special exercise to open that orifice rapidly. That exercise is called Pranayama.

The Kundalini, upon ascending victorious from Chakra to chakra, unties the knots and impediments that oppose the ascent of the Kundalini.

It is necessary to warn the Gnostic brothers that we must learn to polarize the sacred fire of the Kundalini. Some devotees eat meat, drink alcohol, enjoy daily sexual passion even though they never spill the semen. The result is that they polarize the fire in the chakras of the lower belly, and lose the happiness of enjoying the Lotus of the thousand petals (the Church of Laodicea). This chakra is the Diamond eye that confers upon us perfect Ecstasy, the ineffable bliss of the Man-Gods. The power to consciously go out in spirit and in truth to travel through the regions of Nirvana.

All those who have raised the serpent upon the rod must be absolutely chaste in thought, word, and deed. They must practice daily inner meditation, and not be gluttons, nor drinkers of liquors, nor carnivores. Always clean, always orderly, always pure. Thus the fire polarizes in the Church of Laodicea. Then we enjoy ecstasy.

The two witnesses have the power to awaken the Kundalini. "These are the two olive trees and the two candlesticks that stand before the God of the earth."

"And if anyone wishes to harm them, fire proceeds out of their mouth, and devours their enemies; and if anyone wishes to harm them, he must in this manner be killed." "These have the power to shut up heaven, that it rain not in the days of their prophecy; and have power over the waters to turn them into blood, and to smite the earth with all plagues, as often as they wish" (REVELATION 2:3-6).

Those who are working with the Kundalini must have an unbreakable faith in the Divine Mother. She is the one who leads her devotee by the hand. She is the one who leads her child from chakra to chakra. She is the one who assists the Gnostic student, and teaches and corroborates and prepares him so that he may realize himself. Every devotee must beg his Divine Mother to grant him the sacred fire, and after the advent of the fire, every devotee must meditate daily on the Divine Mother. She shall teach him, she shall lead him by the hand, she shall guide his steps on the difficult path of the razor's edge. This path is full of dangers within and without.

Swami Sivananda gives a prayer that serves for meditating on the Divine Mother. That prayer is the following: "Divine Mother I am yours, you are my only refuge and sustenance. Protect me, guide me, have pity on me." Know, brothers, that the Divine Mother always responds. Without her grace, it

would be impossible to carry the Kundalini from chakra to chakra up to the Church of Laodicea.

*The power to consciously go out in spirit and in truth to travel through the regions of Nirvana.*

## **Chapter Four: MANTRIC CHANT TO AWAKEN THE KUNDALINI**

The sacred Mantrams have the power to awaken the Kundalini. The Angel Aroch, commanding Angel, taught us the most powerful Mantric chant that exists in all the universe to awaken the Kundalini. The Angel sang a chant so moving... a chant so sweet... and we felt ourselves full of ecstasy. Then the angel invited us to follow his example, and we sang. That Mantric chant is written thus: Kandil Bandil Rrrrrrrrrr. That Mantric chant is sung thus: Kan: with high voice. Dil: with low voice. The letter R should be vocalized as if imitating the noise of a motor, but with a voice similar to that of a child. Thus, brothers, this is how the chant of the Kundalini is sung.

All those who are working with the Kundalini must not forget the letter S.

Know, beloved ones, that the letter S has the power to transmute the seminal liquor into distinct energetic values. The seminal liquor must be transmuted into seven types of ascend-

ing energy — the seven degrees of power of fire. The letter S must be made to resound like a very fine and gentle whistle. The upper teeth are pressed against the lower ones to give that very fine and very delicate whistle. That is the subtle Voice that the Yogi must learn to intone and manage.

The Yogi must keep the vessel of Hermes hermetically sealed. The Yogi who suffers from nocturnal emissions, or who fornicates daily or constantly, is like the man who wishes to fill a pitcher or barrel without a bottom. The Yogi must transmute the seminal liquor into seven types of energy. The letter S has the power to transmute the seminal liquor into seven types of ascending energy.

The Kriya of Babaji, the Christ Yogi of India, teaches the power of the letter S (the sweet and gentle whistle). Behind the very fine whistle that the Yogi knows how to produce with his mouth is the subtle voice, an even much finer whistle, which when it resounds in the cerebellum confers upon the Yogi the power to go out instantly in the astral body.

All those devotees who are working with the Kundalini must not fail to practice with the letter S. The S, intoned thus Ssssssssss like a very fine whistle, transmutes the seminal liquor into the sacred fire of the Kundalini.

The Mantric chant of the Angel Aroch, and the sweet and gentle whistle, are Urgent for awakening the Kundalini.

## **Chapter Five: THE CHILDREN OF WISDOM**

Every true Gnostic marriage can and must engender Children of wisdom. Know, beloved disciples, that the children of Wisdom are not children of fornication.

When Gnostic marriages wish to offer a body to some Great Master of the White Lodge, they must inevitably descend to the ninth sphere with the arcanum nine of the Tarot. That arcanum is Sex. The Mother of the children of wisdom prepares herself during nine months before creating with the Kriya-Shakti power. During this time she must pray much to the Divine Mother, beseeching her with all her heart, with all her soul, that she grant the happiness of conceiving in her womb a Great Master to help humanity. They are nine months of preparation, nine months of chastity, sanctity, meditation, before performing the secret act with the husband.

The future father of the child must also not be a fornicator. He must abstain during nine months. He and she must only pray much to the Divine Mother, beseeching her the joy of having a Great Master for a son.

The spouses must not eat meat. The spouses must be vegetarian. The spouses must be chaste in thought, word, and deed.

The sacred union is performed in spring during the month of flowers, May. In the month of May the Buddha descends to bless humanity.

The act should be performed on a Friday at dawn. At that hour the morning star vibrates intensely.

The couple must withdraw from the act without having emitted the seminal liquor. The Lunar hierarchies know how to utilize a masculine gamete and a maternal ovum to make the womb fruitful.

The mother must lie down each month in a different position; one month to the right, and another to the left. Thus is how the body of the creature in the womb shall receive all the cosmic benefit.

In Lemuria all this work was performed within the great temples of Mysteries. In those days there did not exist pain in childbirth.

Thus is how the children of Wisdom come into the world. This is the creative system of the Kriya-Shakti.

With this most ancient system, lost in the night of the centuries, every Yogic marriage could offer a physical vehicle to

any of the Great Masters of the Venerable White Lodge.

This marvelous key demonstrates in evident form that one does not need to emit seven million sperm cells to create a new human being. God said grow and multiply. God did not say grow and fornicate. Seminal emission is a Crime. Seminal emission is brutal Fornication. The ancient system of Paradisiacal reproduction was realized without seminal emission in the man, and without feminine orgasm.

The tenebrous Lucifers of the ancient earth Moon taught man seminal emission. Then he lost his powers. This is represented by the departure from Eden.

We do not teach things against nature. The normal and natural thing is not to spill the semen. We are not teaching sexual refinements; we are teaching what is truly Natural, normal. People are scandalized because the philosophical stone is a Stone of stumbling and Rock of scandal for the wicked (The stone of stumbling is Sex).

The wicked hate sexual magic. To the wicked everything that takes away from them the full satisfaction of their carnal passions is repugnant.

The wicked feel repugnance for chastity. That is the law of those poor people: They live to enjoy carnal pleasure, and they hate chastity.

*During this time she must pray much to the Divine Mother, beseeching her with all her heart, with all her soul, that she grant the happiness of conceiving in her womb a Great Master to help humanity.*

## **Chapter Six: URDHVARATUS**

Sexual magic (The Arcanum A.Z.F.) is known in India by the Sanskrit term Urdhvaratus. Everyone who practices the Arcanum A.Z.F. is called in India, Urdhvaratus Yogi.

The Great Arcanum is found in a Hindustani book titled Secrets of Yoga. Its author is a Yogi from southern India.

It causes horror to know that the tenebrous Bonzes of the Clan of Dag Dugpas, dedicated to the horrible and fatal Tantrism, emit the seminal liquor during their practices of Black Magic.

The Bonzes have a fatal technique to reabsorb the spilled semen. That technique is the Vajroli, unfortunately misused. We do not wish to expand on the Vajroli applied in its purely negative aspect or phase, because we know that there exist many persons of weak mentality who could easily fall into the horrible Tantrism of the Bonzes. Then the Karma would fall fatally upon us.

The semen spilled and then absorbed in Feminine Verya is horribly Recharged with atoms of the secret enemy — satanic atoms gathered from the very atomic hells of the human being. The inevitable result of this Tantrism is the descent of the serpent downward, toward the atomic abysses of nature. Thus is how the human personality ends up separating itself definitively from the Divine Spirit. Then the human being becomes a Demon.

In other times the Arcanum A.Z.F. was practiced in the Ashrams of Hindustan. The Yogis prepared themselves with the Vajroli for sexual magic. Unfortunately the little brothers began with the little sisters to form scandals, and the Gurujis then drew the curtain of esotericism, and forbade the A.Z.F. However, in secret the initiated Yogis and Yoginis practice the A.Z.F. (although apparently it is forbidden).

The reality is that this prohibition did more harm than good, for the system of Brahmacharya turns out a failure because no one is capable of keeping Brahmacharya (absolute abstention). Some who apparently keep it suffer from nocturnal emissions. Thus they lose the semen they accumulate, and become victims of the Abyss.

The A.Z.F. is a system for creating strong, healthy, and grand children. With the A.Z.F. the sperm cell that is to fertilize the womb is selected.

The sperm that succeeds in escaping during practice with the Arcanum A.Z.F. is in fact a selected and powerful sperm that is to give origin to a true Superman. Thus we can form a Race of Gods.

With the A.Z.F. the complete development of all the dorsal fires is achieved. With the Arcanum A.Z.F. the total realization in depth is achieved.

The great Yogini H. P. B., after having been widowed of Count Blavatsky, had to marry to practice with the Arcanum A.Z.F. Only thus did she achieve the complete development of the Forty-nine fires.

The Yogi-Avatar Lahiri Mahasaya was called by Babaji for Initiation when he was already married. Thus the Yogi Avatar was realized.

The Gurujis of the Ashrams have to pay the Karma of not having spoken clearly when it was necessary to speak clearly. Nothing was gained by veiling the Sanctuary. It is better to have the courage to speak clearly.

In the union of the Phallus and the uterus is found the key of the Arcanum A.Z.F. The important thing is to withdraw from the sexual act without spilling the semen. The vessel of Hermes must not be spilled, ever in life. Thus we become terribly Divine Gods.

Our motto is Thelema (Will).

With the Urdhvaratus the Kundalini is awakened and totally developed.

*Thus is how the human personality ends up separating itself definitively from the Divine Spirit.*

## **Chapter Seven: THE COSMIC MOTHER**

God has no figure. God is Coessential with the absolute abstract Space. God is that... that... that...

God has two aspects: Wisdom, Love. God as Wisdom is Father. God as Love is Mother.

Christ is the son of God. Christ is not an Individual; Christ is an Army. Christ is the Army of the voice. The Word.

Before the Dawn of the new Cosmic day broke, the Father, the Mother, and the Son were One — That... That... That...

God as Father resides in the eye of Wisdom. This eye is situated between the two eyebrows.

God as Mother resides in the Heart-Temple.

Wisdom and Love are the two principal Columns of the great White Lodge.

Within each human being there exists a soldier of the Army of the Voice. That is the inner Christ of every Man who comes to the World.

Sevenfold man is merely the sinful shadow of that soldier of the Army of the Voice.

We need to incarnate the Sun-Man, the inner Christ. The Divine Mother helps us. Ask and it shall be given to you, knock and it shall be opened to you.

God as Love is Isis whose veil no mortal has lifted. Who is he that would dare to lift that terribly divine veil? Woe unto the profane and the profaners who dare even to touch the veil of Isis!

When the Devotee makes his pleas to the Divine Mother, he must be sleepy and submerged in profound inner meditation. The true devotee does not rise from his bed, nor eats nor drinks until receiving the response of the Divine Mother.

The Cosmic Mother has no form, but she likes to take some form to answer the Suppliant. She may present herself as Isis, Rhea, Cybele, Tonantzin, Mary, and so on.

When the Divine Mother has given her response to the devotee, she disintegrates her form instantly because she does not need it.

The Divine Mother is the second aspect of That, and is called Love. Love is a substance that is Coessential with the very profound Abstract Space.

The Divine Mother is not a Woman, nor any Individual. She is only an unknown Substance.

Any form That takes disintegrates instants later. That is Love.

God Mother is Love. God Mother adores us, loves us terribly. The Goddess Mother of the world rises through the spinal canal converted into a serpent of fire when we work with the arcanum A.Z.F.

The Goddess Mother of the world is Devi Kundalini.

The Divine Mother carries her child in her loving arms. The inner Christ of every man is that Child. The Mother is That... That... That... Isis... Love... Mystery...

The devotee who desires powers must ask them of the Divine Mother. The true devotee humbles himself before God Mother.

If the devotee truly resolves to correct his errors and to tread the path of sanctity, he may ask the Divine Mother for forgiveness of his past Karma, and the Divine Mother forgives him. But if the devotee does not correct himself nor follow the path

of sanctity, it is then useless to ask the Divine Mother for forgiveness, because she does not forgive him.

The Divine Mother forgives her truly repentant children. She knows how to forgive her children because they are her children.

All the Karma of evil actions of past reincarnations may be forgiven by the Divine Mother. When repentance is absolute, the punishment becomes superfluous.

*When the Devotee makes his pleas to the Divine Mother, he must be sleepy and submerged in profound inner meditation.*

## **Chapter Eight: EGYPTIAN CHRISTIC PRANAYAMA**

Prana is the great breath. Prana is the Cosmic Christ. Prana is the life that pulses in each atom, as it pulses in each sun.

Fire burns by Prana; water flows by Prana; the wind blows by Prana; the sun exists by Prana; the life we have is Prana. Nothing could exist in the universe without Prana. The most insignificant insect could not be born, nor could the most timid little flower sprout without the Prana.

Prana exists in the food we eat, in the air we breathe, in the water we drink, in everything.

When the seminal energy is sublimated and totally transformed, it provides the nervous system with very rich Prana, which is deposited in the brain like wine of light, like marvelous Christic energy.

There exists a close connection between mind, Prana, and Semen. By controlling the seminal energy with the force of the will, we shall have achieved everything, because the mind and the Prana shall then be under our control.

Those who spill the semen shall never in life be able to control the mind nor the Prana. They are the Failed Ones.

He who achieves sexual control shall also achieve the control of his mind, and the control of Prana. That class of men attains liberation. That class of men attains the Elixir of Long Life.

All the immortals who live with the Christ Yogi of India (the divine Babaji) preserve their physical bodies through thousands of years without death being able to prevail against them. Those brothers, after attaining supreme chastity, achieved the control of Prana and of the Mind.

Prana is Universal energy, is Life, is Light, is Joy.

The principal objective of the practice of Pranayama is to achieve the union of the Solar and Lunar atoms of the seminal system to awaken the Kundalini.

### ***Esoteric Practice***

FIRST: Let the devotee sit in a chair with the face toward the East.

SECOND: Let him pray much, beseeching the Divine Mother to awaken the Kundalini for him.

THIRD: The chest, neck, and head should be in a vertical line. The body should not be bent to the sides, nor forward or backward. The palms of the hands should rest upon the legs in a very natural form.

FOURTH: The mind of the devotee should be directed inward, toward the Divine Mother, loving her and adoring her.

FIFTH: Close the eyes so that the things of the physical world do not distract him.

SIXTH: Cover the right nostril with the thumb, vocalizing mentally the mantram Ton, at the same time breathing — or inhaling very slowly the air through the left nostril.

SEVENTH: Now close the Left nostril with the index finger. Retain the breath. Send the Prana to the Church of Ephesus

situated in the coccyx to awaken the Kundalini, and pronounce mentally the mantram Sa...

EIGHTH: Now exhale slowly through the right nostril, vocalizing mentally the mantram Han...

NINTH: Now close the left nostril with the index finger.

TENTH: Inhale the life, the Prana, through the right nostril, vocalizing mentally the mantram Ton. Now retain the breath, vocalizing the mantram Ra. Close the two nostrils with the index finger and the thumb. Send the Prana to the magnetic center of the coccyx to awaken the Kundalini.

ELEVEN: Exhale very slowly through the left nostril, vocalizing mentally the mantric syllable Han.

TWELVE: This constitutes a complete Pranayama.

THIRTEEN: Six consecutive Pranayamas should be performed at dawn and at dusk.

FOURTEEN: The devotee shall rise from his chair and kneel on the ground.

FIFTEEN: He shall now place the palms of the hand on the ground, the thumbs touching each other.

SIXTEEN: Bent forward, prostrated on the earth, full of supreme veneration, with the head toward the East, he shall

rest his forehead upon the back of the hands, in the Egyptian style.

SEVENTEEN: Now the devotee shall vocalize with his creative larynx the powerful mantram Ra of the Egyptians. That mantram is vocalized by prolonging the sound of the two letters that compose the mantram Ra, thus: Rrrrrrrrrraaaaaaaaaa. Vocalize seven consecutive times.

These are the seventeen points of the Egyptian Pranayama. The mantram Ra has the power to make the Kundalini and the chakras vibrate to awaken them.

The Mantrams of the Pranayama are Ton Sa Ham — Ton Ra Ham.

With Pranayama the Kundalini is awakened. With Pranayama the tenebrous regions of the shadows and inertia are dissipated. With Pranayama we dissipate laziness and torpor.

Prana is related to the mind. The mind is the vehicle of the will. The will must obey the Great Soul of the world.

All the inner vehicles must be controlled with Pranayama. Prana is life.

The right nostril is solar. The left nostril is lunar. The two witnesses are related to the nostrils. The seminal vesicles are united to the two witnesses by means of a pair of nervous

cords. In final synthesis we can assure that the two witnesses of the Apocalypse are born in the seminal vesicles. The two seminal vesicles are the two oceans of life. It is told that Moses found his Master at the confluence of the two oceans.

We have taught in this chapter an Egyptian Pranayama for the devotees of the Western world.

Those who wish to awaken the Kundalini must persevere daily and throughout their whole life in the Pranayama.

The room destined for the practice of Pranayama must not be humid, nor poorly ventilated, nor dirty. It must be a clean, pure, tidy room. One can also practice Pranayama in the countryside, in the mountains, by the seashore, and so on.

With Pranayama we transmute the sexual energy into Christic energy. With Pranayama we awaken the Kundalini and open the chakras totally.

Pranayama is a system of sexual transmutation for single persons.

*All the immortals who live with the Christ Yogi of India (the divine Babaji) preserve their physical bodies through thousands of years without death being able to prevail against them.*

## **Chapter Nine: SEXUAL TRANSMUTATION FOR SINGLE PERSONS**

Yoga means Union with God. No one can arrive at Union with the beloved one without having first awakened the Kundalini.

No living being could awaken the Kundalini positively without having attained supreme chastity. It is indispensable to wash the feet in the waters of renunciation. "Strive to enter through the narrow gate; for I tell you that many shall try to enter and shall not be able" (LUKE 13:24).

It is urgent to know that the narrow, strait, and difficult gate is sex: We left Eden through the gate of sex; only through that gate can we enter Eden. Eden is Sex itself. No one can enter Eden through false gates. We must enter through where we left. That is the Law.

Those students of occultism who, for one motive or another, cannot work with the Arcanum A.Z.F. must know in depth the science of sexual transmutation. There exists another secret key with whose aid the single devotees may open the Ark of Science.

***Practice of Sexual Transmutation for Single  
Persons***

First Position: The devotees of the path, placed on the ground, shall imitate the position of the Frog.

Second Position: The devotees lying on their bed (or also the floor) on their back (face-up) with the trunk inclined upward and the head as low as possible, shall then inflate or swell up like the frog when it is furious.

### ***Mental Attitude of the First Position***

Will and Imagination united in vibrant harmony — let the Gnostic student identify himself with the frog. Let him imagine he is in a stream of pure waters of life. Let him unite his will and imagination to make his sexual energies rise from his sexual organs to the sacred chalice of the brain. The Gnostic student must make his seminal energy rise through the pair of sympathetic cords that coil around the spinal column, forming the famous caduceus of Mercury.

### ***Mental Attitude of the Second Position***

Will and imagination united in vibrant harmony. Let the student swell himself up as the Frog does. This is only possible with respiration. Upon inhaling the vital air, imagine the seminal energy ascending through your two sympathetic channels that coil gracefully around the spinal column. Carry that marvelous seminal energy up to the brain. Then conduct it up to

the heart. Then exhale the vital air, fixing the energy in the Heart-Temple. Our motto is Thelema (Will).

### **Mantram of This Practice**

Imitate the chant of the Frog. That mysterious Croak of the Frog is the Mantram.

### **Origin of This Practice**

The Divine Cosmic Mother gave to all the Brothers this marvelous Key of the Ark of Science. The Divine Mother watches over all her children. The frog upon the immaculate flower of the lotus, between the pure waters of life, is an archaic sexual symbol in old Egypt of the Pharaohs.

## **Chapter Ten: ORDER AND ESOTERIC DISCIPLINE**

Every Gnostic student must be orderly. The student of Gnosis must be truly disciplined. No student of Gnosis could make true progress if he eats meat or drinks alcohol. Meat decomposes like any cadaver within the stomach.

Eating meat and blood favors the criminal instincts. The liver cannot digest meat. Meat has much uric acid which, after passing through the liver, enters into the circulation of the

blood. Uric acid brings illnesses such as rheumatism, hepatic afflictions, kidney ailments, premature old age, and so on.

In meat is found the animal Psyche. Those who nourish themselves with meat assimilate in their organisms all the animal instincts. Courageous, wrathful, furious, murderous persons commonly feed on the meat of the bull. Talkative, gossiping women almost always eat much chicken, and so on.

The Gnostic must be temperate. Not a drinker of wine, not an eater of meat, not a slanderer of people, neither glutton nor lazy.

The Gnostic must retire daily at 10 o'clock at night to his bed-chamber to practice inner meditation. The Gnostic must rise at dawn to practice all his esoteric exercises.

The Gnostic must be clean, neat, decent, gentlemanly, honorable, always punctual, always joyful, never angry with anyone or against anyone.

The devotee truly disposed to realize himself must never accept in life taking even a single cup of wine with alcohol. Know that alcohol damages and harms. Alcohol is of the abyss. Drinkers of alcohol fall into the abyss inevitably. Drunkards do not attain realization.

The devotee must bathe daily and dress very well. The unkempt Gnostic — the one who never bathes, the one who always walks about in the greatest disarray — causes harm to humanity, because with his propaganda of very bad taste he turns many away from these studies. People then say to themselves: are the Gnostics like this? I do not want to degenerate myself! I shall not enter these studies! and so on.

The Gnostic must not be a fanatic. We must study everything, reject the useless, and accept the useful. Gnosis is not against any religion, school, order, or sect. We have struggled for the moral purification of many schools, religions, and sects. We have not been against any religion, school, or sect. We know that humanity is divided into groups, and that each human group needs its particular system of instruction. Truly all religions, schools, and sects are most precious pearls strung on the golden thread of Divinity.

We should raise Churches in which all religions may officiate without distinction of name or creed. Truly the Religions are ineffable and divine. All the schools, Religions, and sects are needed. Religious jealousies are the same passional jealousies elevated to religious jealousies. It is shameful to have religious jealousies. The brothers should transcend jealousy. That is a very low passion. The Gnostic movement is formed of people from all schools, Religions, and sects.

Another of the gravest illnesses of the soul is Neurasthenia. In this age people have become neurasthenic. Know that neurasthenia is Satanic. Always cultivate sweetness, patience, and love. Educate your children with Wisdom and Love. Cultivate in your homes joy, sweetness, and love. Know that neurasthenia damages the lotus flowers of the soul. Teach your children by example. Always be joyful and happy. The Gnostic homes must always be Sanctuaries of love and happiness. Neurasthenic shouts, sticks, and the whip drive away happiness; then, the white dove of love leaves the heart forever. That is the misfortune of many homes. Live with Wisdom and Love.

*The Gnostic must retire daily at 10 o'clock at night to his bedchamber to practice inner meditation.*

## **Chapter Eleven: MEDITATION**

On a certain occasion we heard from the lips of a Hindustani Swami an exotic affirmation. That master explained before his audience the necessity of Hatha Yoga as indispensable for attaining the heights of Samadhi. The Yogi said that many persons had not attained anything in Inner Meditation, despite their long efforts and daily training. The Swami conceptual-

ized that those kinds of failures are due to the Exclusion of Hatha Yoga.

We frankly dissent from this affirmation of the Venerable Swami. Those who after 10 and 20 years have not attained illumination with the practice of inner meditation should seek the cause in the lack of sleep.

It is urgent to combine meditation with sleep.

*Those who after 10 and 20 years have not attained illumination with the practice of inner meditation should seek the cause in the lack of sleep.*

## **Chapter Twelve: FIRST CLAIRVOYANT AND CLAIRAUDIANT EXPERIENCES**

If the YOGI perseveres in inner meditation, if he is constant, tenacious, infinitely patient, after a certain time the first clairvoyant perceptions appear.

At first only luminous points; then faces appear, scenes of nature, objects as in dreams in those instants of transition that exist between waking and sleep. The first clairvoyant perceptions raise the enthusiasm of the disciple. These perceptions

are demonstrating to him that his inner powers are entering into activity.

It is urgent that the student not tire. Very much patience is needed. The development of the inner powers is something very difficult. Truly many are the students who begin, but very few those who have the patience of holy JOB. The Impatient do not succeed in taking a single step on the path of REALIZATION. This kind of esoteric practices is for very tenacious and patient people.

In sacred INDIA of the VEDAS, the YOGIS practice inner meditation four times a day. In our Western world, due to the preoccupation with daily living and the hard battle for existence, one can only practice meditation once daily. That is enough. The important thing is to practice daily without missing even a single day. Incessant, continuous, tenacious repetition finally sets the chakras spinning, and after some time the first clairvoyant and clairaudient perceptions begin.

The luminous spots, the scenes of light, the living figures, the sounds of bells, the voices of persons or of animals, and so on, indicate with exactness that the student is progressing in the development of his inner powers. All these perceptions appear in instants when, submerged in profound meditation, we find ourselves drowsy.

Very many kinds of lights begin to appear with the practice of inner meditation. At first the devotee perceives white and very brilliant lights. Those lights correspond to the eye of wisdom, which is situated between the eyebrows...

The white, yellow, red, blue, green lights, as well as the lightning, the sun, the moon, the stars, the sparks, the flames, and so on, are particles formed of supra-sensible elements (TAN-MATRIC PARTICLES).

When small luminous little balls appear, resplendent with white and red colors, it is an absolutely sure sign that we are progressing in the practice of concentration of thought. The instant shall come when the devotee succeeds in seeing the Angels, or the ARCHANGELS — Thrones, Powers, Virtues, and so on. The student usually also sees among dreams, during meditation, grandiose temples, rivers, valleys, mountains, beautiful enchanted gardens, and so on.

During the practices of meditation, certain strange sensations usually present themselves which sometimes fill the devotee with fear. One of those sensations is an electric current in the chakra of the coccyx. Also in the Lotus of the thousand petals, situated in the upper part of the brain, certain electric sensations are usually felt. The devotee must vanquish fear if he wishes to progress in the development of his Inner powers.

Some persons have these visions in a few days of practice. Other persons begin to have the first visions after six months of daily exercises.

In the first period of daily training, we relate only with beings of the astral plane. In the second period of esoteric exercise, we relate with the beings of the mental world. In the third period, we relate with the beings of the purely spiritual world. Then we truly begin to become competent investigators of the superior worlds.

The devotee who has begun to have the first perceptions of the superior worlds should at first be like a garden sealed with seven seals. Those who go about telling others everything they see and hear fail in these studies, because the doors of the superior worlds close to them.

One of the gravest dangers that assault the devotee is vanity and pride. Many students fill themselves with pride and vanity when they begin to perceive the reality of the supra-sensible worlds; then they self-qualify as MASTERS, and without having attained the full development of their inner powers, they begin to judge others erroneously, founded on their incomplete clairvoyant perceptions.

The result of this mistaken conduct is that the devotee then heaps much karma upon himself, because he becomes a slan-

derer of his neighbor, and then fills the world with tears and pain.

The student who has had the first clairvoyant perceptions must be like a garden sealed with seven seals, until his inner MASTER initiates him in the great MYSTERIES, and gives him the order to speak.

Another of the grave errors that assault all those who submit themselves to esoteric discipline is despising IMAGINATION. We have learned that the imagination is the TRANSLUCENT. The mirror of the soul, the divine clairvoyance. For the devotee, to imagine is to see. When the frontal chakra begins to spin, the images that come to the TRANSLUCENT become brilliant, resplendent, luminous.

The devotee must distinguish between IMAGINATION and FANTASY. Imagination is positive. Fantasy is negative, harmful, damaging for the mind, because it can lead us to hallucinations and to madness.

All those who wish to awaken clairvoyance while despising IMAGINATION shall fall into the same absurdity as those who wish to practice meditation with absolute absence of sleep. Those people fail in the development of their inner powers. Those people violate the natural laws, and the inevitable result is failure.

IMAGINATION, INSPIRATION, INTUITION are the three obligatory paths of INITIATION. First the images appear, and finally we penetrate into a purely spiritual world.

Every clairvoyant needs INITIATION. Clairvoyance without ESOTERIC INITIATION leads the student to the world of crime. It is urgent to receive COSMIC INITIATION.

If a clairvoyant penetrates into the subconscious of nature, he can read there all the past of the earth and of its races. There he shall also find his most beloved beings. He shall be able to see, for example, his beloved wife married to other men, or perhaps committing adultery. If the clairvoyant does not have INITIATION, he shall confuse the past with the present, and shall then slander his wife, saying: "she is being unfaithful to me; she is adulterous because I am clairvoyant and I am seeing her in the inner worlds in full adultery." In the subconscious of nature exist the memories of our past reincarnations.

If a clairvoyant penetrates into the INFRACONSCIOUS OF NATURE, he shall find there all the evils of the human species. In the Infraconscious of nature lives the SATAN of every human being (THE PSYCHOLOGICAL SELF). If the clairvoyant has not received the INITIATION of the SAINTS, the clairvoyant WITHOUT INITIATION shall see there the SATAN of the saints reliving incessantly all the crimes and evils they committed in most ancient reincarnations, before being SAINTS.

But the Inexperienced clairvoyant and one lacking INITIATION would not know how to truly distinguish between PAST and PRESENT. Between the SATAN OF A MAN and the TRUE BEING OF A MAN. The result would be slander. The inexperienced clairvoyant would say: "that man who believes himself a saint is a murderer, or a thief, or a terrible black magician; because I with my clairvoyance am seeing him thus." THAT IS PRECISELY WHAT IS CALLED SLANDER. Many clairvoyants have degenerated horribly into SLANDERERS. One of the grave dangers of slander is homicide.

The jealous, distrustful man, and so on, shall find in the infra-conscious of nature all his doubts and suspicions converted into reality; then he shall slander his wife, his friends, his neighbors, the MASTERS, saying: "You see, I was right in my doubts." "My friend is a thief" (or "a black magician," or "a murderer"); "my wife is committing adultery with so-and-so, as I have suspected; my clairvoyance does not fail, I am not mistaken," and so on. The poor man, due to his lack of INITIATION, would not have the capacity of analysis sufficient to realize that he has penetrated into the INFRACONSCIOUS OF NATURE, where his own mental creations live. Considering all these dangers, it is necessary that the esoterist students NOT HURL judgments upon persons. JUDGE NOT THAT YOU BE NOT JUDGED. The devotee

should be like a garden sealed with seven seals. He who already has the first CLAIRVOYANT and CLAIRAUDIENT perceptions is still an inexperienced clairvoyant, and if he does not know how to keep silent, he shall become a slanderer of persons. Only the great initiated clairvoyants do not err. RAMA, KRISHNA, BUDDHA, JESUS CHRIST, HERMES, and so on, were true Infallible, omniscient clairvoyants.

*In sacred INDIA of the VEDAS, the YOGIS practice inner meditation four times a day.*

## **Chapter Thirteen: THE SUBTLE VOICE**

There exists a mystic sound that the YOGI must learn to listen to. The AZTECS knew that mystic sound. Let us recall the hill of CHAPULTEPEC. A Mexican codex represents on the hill a cricket. In ancient Rome of the Caesars, the cricket was sold in golden cages at very high prices. The magicians of ancient Rome bought that little animal to employ it in Practical Magic.

If we have that little animal near the head of the bed, and if we meditate on its delicious song, then we shall hear the subtle voice in instants of being drowsy. This phenomenon is similar to that of two pianos equally tuned. If we play, for example, the note SI on either of the two pianos, on the other piano the same note repeats itself without any human hand touching it.

This is a very interesting vibratory phenomenon that anyone can verify. The same exact thing happens with the mysterious song of the cricket. Within the human brain exists the mystic sound that resounds when the little animal sings. It is a matter of affinity and vibration.

Feeding that little animal is not a problem; we know it feeds on vegetables — it also eats the clothes in family homes, and people fear it because no one wishes to lose his clothes. Anyone can obtain that little animal in the countryside.

He who knows how to listen to the subtle voice can go out instantly in the astral body whenever he wishes. If the devotee concentrates on the song of the cricket... if the yogi meditates on the song of the cricket... if the yogi drowns off listening to that song, soon there shall resound within his brain the same song, the mystic sound, the subtle voice. Then the doors of the mystery are opened. In those instants the Gnostic can rise from his bed with all naturalness and leave his house in the astral body.

It is not a matter of rising with the mind; what we are saying must translate into deeds. Let the devotee rise — rise from his bed with complete naturalness, for nature shall take charge in those instants of separating the astral body from the physical body.

Outside the physical body we feel a delightful spiritual voluptuousness. There is no greater pleasure than that of feeling the soul detached. In the superior worlds we can converse with the INEFFABLE GODS. In the superior worlds we can study at the feet of the Master. Thus we free ourselves from so much theory, thus we drink at the living fountain of knowledge.

Every devotee must learn to listen to the subtle voice. With the mystic sound, the devotee can perform marvels and prodigies.

If the devotee wishes to hear the mystic sound, his concentration must be perfect. At first the student shall hear many sounds, but if he concentrates intensely on the song of the cricket, in the end he shall succeed in hearing it. Then there shall be VICTORY. With the mystic sound we inevitably arrive at ILLUMINATION.

The mystic sound in final synthesis proceeds from the tranquil heart. The remote origin of the mystic sound we must seek in the DIVINE MOTHER. The devotee must pray much, beseeching the DIVINE MOTHER to grant him the grace of hearing the mystic sound.

With the grace of the DIVINE MOTHER, every devotee can have the joy of hearing the mystic sound that allows us the instantaneous departure in the astral body.

The devotee who wishes to perform with success these practices must give himself over to inner meditation when he truly feels with enough sleepiness. Know that EVERY ESOTERIC EXERCISE OF MEDITATION WITH ABSENCE OF THE FACTOR OF SLEEP IS HARMFUL, USELESS, STERILE. IT DAMAGES THE MIND AND RUINS THE BRAIN.

Inner meditation must be combined intelligently with sleep.

If the Gnostic student unfortunately does not have in his possession the marvelous little animal mentioned in this chapter, then he must make the letter S resound, thus: Ssssssssssss, like a very fine and delicate whistle (LIPS HALF-OPEN AND THE UPPER TEETH TOUCHING THE LOWER TEETH); behind that most fine sound is the subtle voice that allows us the instantaneous departure in the astral body.

For inner meditation, the devotee must choose a very comfortable position. Below we shall mention two very comfortable positions.

### ***Position of the Dead Man***

Let the devotee lie down in the position of a corpse. Place the arms at the sides, resting on the bed or on the floor (WHERE HE IS LYING). Stretch the legs well as corpses have them stretched; then bring the heels together, separating the tips of the feet to the right and left in the form of a fan.

## ***Position of the Flaming Star***

Let the devotee lie down in the position of the flaming star, opening the legs and arms to the right and left and with the body well relaxed — we have the figure of the five-pointed star. This is the position of the MASTER. The great MASTERS use this position for inner meditation. Before this figure the tenebrous flee full of terror. When the MASTER rises, he leaves there his flaming likeness that makes the tenebrous flee.

The devotees must not meditate with a full stomach. It is necessary that the devotees leave the sin of GLUTTONY. Three meals a day should be eaten.

## ***Esoteric Diet***

**BREAKFAST:** Toasted bread with honey and hot milk. Some fruits may be added to the breakfast.

**MIDDAY MEAL (Lunch):** Lunch (COMIDA IN MEXICO) should be based on vegetables and fruits. All kinds of grains should also be eaten. Meat is forbidden to the brothers of the path.

**DINNER:** Hot milk and bread with honey. That is all; nothing more.

Meditation should be performed at ten o'clock at night. One should also meditate at dawn. If the student practices at 10

o'clock at night and at dawn, he shall then progress rapidly.

*The devotee who wishes to perform with success these practices must give himself over to inner meditation when he truly feels with enough sleepiness.*

## **Chapter Fourteen: STATE OF JINAS**

Hyperspace can be demonstrated mathematically with Hypergeometry. The Jinas science belongs to Hyperspace and to Hypergeometry.

If we know the volume, we must also accept the Hypervolume as the fundamental basis of volume. If we accept the geometric sphere, we must also accept the Hypersphere.

Hyperspace permits the Gnostics to perform extraordinary acts. Jesus was able to draw his body out of the sepulchre on the third day, thanks to Hyperspace. Since then the Resurrected Master lives with his body within Hyperspace.

Every Initiate who receives the Elixir of long life dies, but does not die. On the third day he escapes from the sepulchre using Hyperspace. Then the sepulchre remains empty.

The disappearance or appearance of a body in three-dimensional objective space, or the passage of a person through a

wall, are realized with complete success when Hyperspace is scientifically used.

The scientific Gnostics place their physical body in "State of Jinas" and move consciously in Hyperspace.

When the body of the Yogi enters into Hyperspace, we say that it finds itself in the state of Jinas.

The Yogi in the state of Jinas can pass through fire without burning, can walk upon the waters as Jesus did, can float in the air. He can traverse a rock or a wall from side to side without receiving any harm.

The Science of Jinas is founded upon Hyperspace and is a special branch of Atomic Physics.

Ignorant persons who have never in their life studied HYPERGEOMETRY deny the states of Jinas. That kind of people are worthy of pity because they are ignorant.

Old Geometry is founded on the absurd Hypothesis that through a point on a plane one can with complete certainty trace a parallel to a straight line, but only one (speaking in the essential sense).

The Gnostic movement rejects the Euclidian point of view of the three known dimensions, since it is already totally antiquated for the atomic era.

The so-called Single Parallel (suspending itself in the absolute spatial sense) multiplies itself within the different dimensions of Hyperspace. Then it is no longer single.

The Single Parallel of Euclid is a sophism to trap ignorant people. Gnosis rejects that class of sophisms.

The Revolutionary Gnostic movement cannot accept the undemonstrable postulate that says: "Through any point of our mind a real parallel to the visible reality can be traced, and only one."

The Single Parallel does not exist. The Absolute and Dogmatic three-dimensional space of the geometer Euclid is Undemonstrable and False.

The absurd affirmation that the physical world of experimentation is the only real one turns out to be a much-run argument of the illustrated ignorant who have NEVER investigated the electromagnetic fields, and the so-called pro-matter as the causa causorum of physical matter.

The fourth dimension is Hyperspatial. The Gnostics have special systems for entering their physical body into Hyperspace. It matters not that the ignorant laugh at the states of Jinas. He who laughs at what he does not know is on the way to being an idiot. Truly only the Idiot laughs and laughs at what he does not know.

We Gnostics affirm that the infinite interplanetary space is curved. We affirm that the Infinite lives in incessant motion. We affirm that there exists an infinite series of rotating spaces of different dimensions that penetrate and interpenetrate one another without fusing. We affirm that all those spaces of the starry Infinite have Hyper-ellipsoidal form. We affirm that with the force of the mind man can enter his physical body within any rotating Hyper-ellipsoidal space. We affirm categorically that revolutionary Astrophysics shall demonstrate to the world the existence of Hyperspace. We affirm that within one line exist other Hyperspatial ones.

We affirm that The Savior of the world lives currently in Hyperspace with the same body he had in the holy land. We affirm that every initiate who receives the Elixir of long life dies, but does not die. We affirm that all those who receive the Elixir of long life escape with their physical body on the third day, taking advantage of the opportunity that Hyperspace offers us. They preserve their physical body for millions of years. The immortal Babaji and his sister Mataji have preserved their body for many millions of years and shall fulfill a great mission with the humanity of the future sixth and seventh Great Races. We affirm categorically that everyone who works with the Arcanum A.Z.F. can ask for the Elixir of Long Life. They die, but do not die. We affirm that every human being can place his physical body in the state of Jinas at the instant he

wishes, if he truly has faith in the Divine Mother. Every sage of the Elemental Air can give the great leap. The masters of the Jinas science can flee from the earth to live on another planet with the physical body they have here. They can take this body of flesh and bone to another planet. That is the great Leap. Some men of the Jinas science have already given the great leap. With Pranayama the power is achieved that allows us to place the physical body in the state of Jinas. There exist many keys to place the physical body in the state of Jinas. It is urgent to practice Pranayama before using those keys. It is interesting that the witnesses Ida and Pingala, in final synthesis, have their roots in the right and left testicles of the man, and in the ovaries of the woman. Through that pair of nervous channels the Solar and Lunar atoms of the seminal system rise up to the Chalice (the brain). The two nostrils and the generative organs are connected by means of the two witnesses. This invites us to reflect. Truly the Pranayama is, among other things, a system of sexual transmutation for single persons.

Every Gnostic must begin his Jinas practices after having prepared himself intensely with Pranayama. The great masters of Yoga float in the air when they are practicing Pranayama. Only the body that escapes the law of Gravity can float in the air. Only the body that enters into Hyperspace can escape from that law.

With consciously managed mental force, we can enter the physical body into Hyperspace. The Jinas science is a matter of Vibration. Above and below the limits of objective perception, there exist worlds placed in other dimensions. With the force of thought, we can, by means of certain keys of the Jinas science that we give below, accelerate the oscillatory frequency and normal Vibration of the physical body. Then we penetrate with the body into Hyperspace. When the scientists achieve the absolute control of atomic motion, they shall be able to place any body within Hyperspace. The devotees of the Jinas religion, before their practices with Pranayama, must pray to the Divine Mother, beseeching her to give them the power to place the physical body in the state of Jinas. Very much Pranayama must be practiced to conquer the powers of Jinas. The student must carefully select the key he most likes for practicing the Jinas science. It is urgent that the student understand that the Jinas religion demands absolute chastity and supreme sanctity.

Remember well, beloved Disciple, that the Divine powers of the Jinas science are very sacred. These powers can only be used to heal patients at a distance, to cure, to enter the temples of the White Lodge, to study the marvels of creation within the bosom of Nature.

Everyone who attempts to make selfish use of the Jinas powers shall convert himself into a horrible Demon, and shall roll inevitably into the abyss.

Law is law. The Karma punishes the abusers.

The devotee must choose the Jinas key he most likes, and practice with it daily, intensely, until achieving the victory.

This science is not for the weak, nor for versatile, volatile, inconstant people. This science is for people who have as much patience as that of holy Job. This science is for tenacious, untiring, courageous people, firm as steel.

This science is not for Skeptical people; those persons do not serve for the Jinas science.

This science cannot ever be exhibited, because the White Lodge forbids it. The science of the Jinas is not a matter of Prestidigitation, illusionism, or anything of the kind. This science is terribly Divine and is practiced only in secret. When the Author of this book wished to make a public demonstration of the Jinas science, Master Morya intervened instantly, saying: "For ten years we have been helping you, and now you wish to exhibit your powers?" The powers are very sacred. The powers must not be exhibited in public. Since then we understood that the Jinas science is secret.

Many would like demonstrations. We brothers of the Temple are not laboratory rabbits. Real is that which one experiences oneself. No one can experience in another's skin.

We give the key so that each may experience in his own skin. To people who are full of doubts, to the skeptics, we advise not to enter into these studies because they can go mad. The battling of tremendous antitheses can derange the brain of the skeptics and lead them to the madhouse. The Jinas science is for people who have an unbreakable faith like steel. This is not for persons full of doubts.

Below follow the Jinas keys for people full of faith.

### ***First Key***

Let the devotee lie down on the left side. Rest the head on the palm of the Left hand. Let the devotee drowse off, watch over his own sleep, become a vigilant of his own sleep.

When the devotee begins to see the visions proper to dreaming, rise very slowly from the bed, but Conserving the Sleep like a precious treasure. Before leaving the house, the devotee must give a little jump with the intention of remaining floating in the surrounding environment. If upon giving the jump the devotee floats over the environment, it is because his physical body entered into the state of Jinas. If the devotee does not float, it is because he is not in the state of Jinas. When the

devotee finds himself in the state of Jinas, he can leave his house with complete confidence, without any fear. In the state of Jinas, the devotees can travel to the most remote places of the earth in a few instants.

If the devotee fails in the experiment, if he does not achieve at the first moment the state of Jinas, he must not be discouraged — let him get into bed and repeat the experiment as many times as the night has hours and minutes. Some achieve triumph immediately; those are the fortunate ones who practiced the Jinas science in ancient reincarnations. Others have never practiced that science and must begin by achieving that power, practicing Pranayama and exercising themselves for several years until attaining the Jinas powers.

Truly this key turns out to be a modification of somnambulism — a voluntary, provoked somnambulism.

During sleep, tremendous subconscious energies function which the devotee must take advantage of as a Lever to enter his body into Hyperspace.

### ***Second Key***

There exists a very common almond called vulgarly Ojo de Venado (Deer's Eye). That Almond has marvelous Jinas powers. The Devotee must drowse off, holding that almond in his hand. Place the devotee in the same posture as the previous

key, but keeping in his right hand the marvelous Almond. It is urgent to remember that this almond has a marvelous Elemental genius that can help the devotee to place his body in the state of Jinas.

During this practice the devotee must drowse off, pronouncing the mantram Invia. Then an elemental genius shall come who will help him place the body in the state of Jinas.

The devotee must rise from his bed, conserving the sleep like pure gold. Before leaving the house, the devotee must give a little jump with the intention of floating in the environment. If the devotee floats, he can leave his house in the state of Jinas. If he does not float, let him repeat the experiment for hours or months, or years until achieving the victory.

### ***Third Key***

There exists a Master whose name is Oguara. This Jinas truly helps all those who call him in the name of Christ. The devotee shall lie down in the same position as before, but calling the Jinas Oguara in the name of Christ, saying: "In the name of Christ, by the majesty of Christ, by the power of Christ, I call you Oguara, Oguara, Oguara. Place my body in the state of Jinas." Repeat this invocation many times until entering sleep, then let the student rise, conserving the sleep like pure gold. Let the devotee give a little jump with the intention of floating

in space. If he floats, it is because he is already in the state of Jinas. If he does not float, get into bed and repeat the experiment.

### ***Fourth Key***

Let the devotee sit before a table. Position of arms crossed on the table. Let the devotee drowse off with his head resting upon his crossed arms. The devotee must invoke the Jinas Masters to help him in these practices. He may call upon Babaji (The Christ Yogi of India) or his sister Mataji. He may invoke Harpocrates or Saint Peter, and so on. When the student begins to dream, let him rise from the chair, without making reasonings of any kind, automatically, instinctively, and conserving the sleep like pure gold. Then the student must give a leap as long as he can with the intention of floating in space. The devotee must mark on the floor with a pencil the exact place where the leap arrived. Daily the student must repeat the experiment untiringly, patiently, always painting a line on the floor with a pencil to mark the length of each leap. This system is marvelous because the Jinas student goes appreciating his grades of Jinas progress. It may be that his leap today was one meter long; tomorrow it may have increased by one centimeter, the day after tomorrow another centimeter, and so on; thus the student goes measuring with exactness his Jinas progress. In the end he shall note with astonishment one

fine day that he has given a leap too long, a strange leap that no athlete can give — these signs indicate clearly his progress in the Jinas science. After such a strange leap, the devotee shall be able to remain floating in Hyperspace; he has attained Victory. This key is formidable. The important thing in occultism is practice. People are already tired of theories; now practical occultism is needed. The theorizers neither do nor let do. The student must not waste time theorizing. It is better to practice silently. To keep secret the triumphs. Much silence must be kept because this science is secret. It is better to keep silent. Thus we avoid the mockery of the useless theorizers, who neither do nor let do — those are social parasites.

### ***Fifth Key***

In the precise instant of awakening from normal sleep, the student can jump from his bed instantly, without conscious or subconscious analysis, without the process of conceptual choice, in instinctive form, enraptured by wisdom and full of a faith as strong as the steel of a sword very well tempered and ready for battle.

Before leaving the house, the student must then jump, and if he floats in the environment, it is because his body has already entered into the state of Jinas. Then the student can direct himself wherever he wishes with his physical body in the state of Jinas.

If he does not float, the student must repeat the experiment. With patience one goes very far in these studies.

### ***Sixth Key***

The tiger knights of Aztec Mexico placed their physical body in the state of Jinas with the help of the elemental force of the Tiger.

Some Mexican Codices paint the tiger knights heading to the temple in the figure of a tiger. It is said that when they arrived at the temple they took on human figure again.

In ancient Mexico, the temple of the tigers was very sacred. The elemental force of the tiger allows one to place the body in the state of Jinas. The student can lie down on a tiger skin. Let the devotee drowse off, invoking the Devas who reign over the tigers. Let him beseech them to help us with the force of the tiger.

The Aztec devotees of the sacred order of the tigers identified themselves with the tiger, drowsed off, and then, conserving the sleep like pure gold, rose from their bed, walking on four legs like the tiger. Then they said, full of faith: "We belong to ourselves."

Thus, with the body in Jinas and with the figure of a tiger, the Tiger knights arrived at the temple. The Mexican Codices tell

us that there they took on their human figure again.

The Yogis of Hindustan sit to meditate seated on a tiger skin.

The Aztecs say that the first human race was devoured by the tigers (symbol of the divine force).

*"May suns of enthusiasm light your path."*

*"May the Xhcoc sing at your passing."*

*"May the forces of the tiger accompany you."*

*"May the fireflies of wisdom illuminate your intellect."*

*"May the rustling Picr give shade to your rests."*

*"May the emerald frogs mark the paths, croaking without rest."*

*"May she, nature, be prodigal with you."*

*"May the universal force bless and direct us."*

The Western Yogi, lying on the tiger skin and with the body half-naked, must perform the esoteric practice of the tiger knights. Thus he shall be able to enter the state of Jinas.

### ***Seventh Key***

Those who know how to go out in the astral body can invoke their body from afar. The first thing the Gnostic who is going

to work with this key does is go out in the astral body. When he finds himself far from his body, he can call any of the Jinas Masters and beseech him to bring him his body; one can invoke Harpocrates, Babaji, Mataji, Saint Peter, Oguara, and so on. One asks by the Christ, one asks by the Christ, one beseeches by the power of the Christ. Then the Jinas genii draw the body from the bed and bring it to the devotee who asks for it.

Before the body arrives before the devotee, some balls are seen coming first. The last ball is of red color. Behind that ball comes the body in the state of Jinas. As the body draws near, the student then feels that his shoulders are becoming heavy. The emotion that is felt when the body comes before us is tremendous. The most curious thing that is astonishing is when we discover that the physical body also has consciousness, responds to what we ask it.

The devotees must dominate in these instants all emotion and control the mind so as not to fail in the experiment. If the devotee lets himself be carried by emotion, then instantly both, body and devotee, return instantly to the bed, and the experiment fails here.

### ***Table Work***

In occultism, Table Work is the term given to the instant when the body so invoked from afar must inevitably enter into the sidereal body of the devotee. This work is difficult because the body must learn, and the soul must dominate emotion and know how to give orders.

The body must enter into the soul through the crown Chakra or lotus of the thousand petals situated in the upper part of the sidereal head.

The devotee must give the order to the body, and the body obeys; if it does not obey well, it is because it does not know; then the devotee must teach it.

Order the body to alight upon the sidereal head of the astral body and to penetrate into the devotee through that door. The result is marvelous. The body obeys and enters into the devotee. (In the astral plane, it is not the devotee who must enter into the body. In the astral, things are different. There it is the body that must enter into the devotee.)

Thus is how the devotees end up with their body within the astral plane. The Jinas system of this seventh key is for people already very practical in the use and management of the astral body.

With the body in the state of Jinas, we can visit the temples of the Great White Lodge and receive direct teaching from the

great masters who initiated the dawn of creation.

This is what is called Practical Occultism — this is what is needed now urgently. The students of the various schools of occultism have already, with just reason, grown tired of so much theory. Unfortunately, the majority of students wish to obtain powers as gifts, without effort, without sacrifice, with all kinds of comforts, rapidly, in a few days, as easy as blowing and making bottles.

We must warn that everything costs in life — nothing is obtained as a gift. He who wishes to have these Jinas powers must have the patience of holy Job, the courage of the tiger, the tenacity of the bull, and an inexhaustible thirst for true divine wisdom.

This science is not for inconstant people. The inconstant — it is better that they Renounce these studies. This science is also not for Curious people. With cosmic laws one cannot play with impunity without getting burned. Law is Law, and the sacred must be respected.

### ***Jinas Substances***

There exist many substances that help in the Jinas science. The student of occultism must know those substances and handle them. The Jinas science is terribly divine. The Orphic egg, the golden egg of Brahma, the Egyptian egg, and so on,

symbolize clearly the prime matter of the Great Work. From the Prime Matter come universes, plants, animals, men, and gods.

The egg is full of great occult powers. The hen's egg is used for the Jinas states.

**FORMULA:** Warm an egg in water. Cut the tip off the pointed end. Extract the white and the yolk. The white and yolk must be extracted through the orifice made in the egg.

Reduce the shell of the egg to powder. That powder is used by the Yogis for the Jinas science.

Before doing the Jinas practices every night, the devotee must throw that powder on the chest and beneath the arms, in the hairy region of the armpits. Then let the student wrap himself up well and begin his Jinas practices. One can have a good quantity of this powder for the Jinas practices.

In these powders are found the great powers of the Jinas science. These powders are marvelous.

### ***Sanctity***

The student who finds himself studying and practicing the Jinas science must inevitably end with three sins: anger, greed, lust. Only thus is it possible to avoid the attack of the tenebrous ones. If the student does not correct these defects,

he shall also not achieve a truly positive progress in the complete sense of this word.

### ***Clothing***

The men who give themselves over to the Jinas science must use for their practices only a yellow bathing suit. That is all. The naked body turns out better for the Jinas practices, because the chakras spin freely without the hindrance of clothing.

### ***Women***

Women who practice with the Jinas science must use for their practices a very long and wide tunic, the most ample possible. The tunic must be very beautiful, imitating the tunics of the Samaritans. The woman who gives herself over to the Jinas science must not cut her hair. Hair is truly the symbol of modesty and chastity in woman. In ancient times, adulterous women had their hair cut. That was their punishment.

The woman who practices with the Jinas science must not use for her practices bathing suits like the men, because that is immoral in woman. The Divine Hierarchies demand modesty, decency, chastity.

### ***Warning***

These yellow tunics for the Jinas are not for attending the Gnostic rituals. Only for the Jinas science.

The yellow tunic for the Jinas science must be worn directly upon the skin of the body. Beneath the ample tunic, no other piece of clothing should be worn.

*The scientific Gnostics place their physical body in "State of Jinas" and move consciously in Hyperspace.*

## **Chapter Fifteen: TOOLS AND PERFUMES**

One must always have available a special room for working with the Jinas science. However, when one cannot have available that special room, then the sleeping bedchamber — the very alcove — can be converted into a true sanctuary. Having chastity, all goes very well.

The bedchamber must be fumigated daily with the five perfumes. These five perfumes are the following: Frankincense, Myrrh, Aloe, Sulfur, Camphor.

It is necessary to paint on the threshold of the room the sign of the Pentagram, the five-pointed star. The two lower rays must be facing outward. The upper ray must remain facing inward. This star can be painted with charcoal. It can also be painted

in a picture framed with its glass, and then placed at the head of the bed. In this case the upper angle is facing upward, and the two lower angles downward.

The room or bedchamber must be all adorned with yellow colors. Yellow carpets or rugs, yellow light, yellow adornments, and so on.

The Initiate, besides his yellow bathing suit, would do well to have his yellow morning robe.

Within the bedchamber or work room there must always be present the Image of the Christ, the Buddha, and the Virgin. Whether she is represented as Isis, or the cosmic mother of India, Mary Tonantzin, or simply as the white dove of the Holy Spirit. All these images do not represent any divine or human person, but simply God Mother. We already know that God as Father is wisdom, and as Mother is love. As Father he resides in the eye of wisdom situated between the two eyebrows. As Mother she resides in the heart-temple. The serpent upon the rod also represents the divine mother.

One must carefully select the symbol one most likes, and use it in the work room.

An altar must be kept within the bedchamber, and the fire on the altar. Fire must never be lacking in the house of an initiate.

This is the Yellow Book; this is the Wisdom of the Buddhas; this is the science of the cosmic mind.

The Buddhas wear a yellow mantle. The color of the mental world is yellow. When man liberates himself from his four bodies of sin, he is a Buddha. Every Buddha wears a yellow mantle. The ray of the Christ is golden yellow.

The science of the mind truly constitutes the Yellow Book. This is the Yellow Book because it is the science of the mind.

The initiate must shut himself in daily at ten o'clock at night to work in the science of the mind.

The initiate must carefully avoid all kinds of discussions and quarrels with unbelieving people who neither do nor let do, who want the world to march in accord with their know-it-all affirmations, full of foolishness and malice of the worst kind.

The devotees must bathe daily. The room must always be clean, neat, tidy.

The Jinas religion is very sacred. Here in this Yellow Book we have taught the Sacred science of the Jinas, for all human beings — except for the Imbeciles. The Imbeciles neither believe in it, nor want it, nor accept it because they are Imbeciles.

Flowers must never be lacking in the work room. Flowers, perfumes, symbolic images, good music contribute to forming an

atmosphere full of wisdom and love.

*This is the Yellow Book; this is the Wisdom of the Buddhas; this is the science of the cosmic mind.*

## **CONCLUSION**

With infinite joy we have concluded this work which we humbly offer to poor suffering humanity.

We have been told that there exist three rays of intimate self-realization. Those three rays are: The Mystic, the Yogi, and The Path of the Domestic Hearth.

The beloved ones of Gnosis, leaning upon their staff, travel this Triune path. Our motto is: Thelema (Will).

Here you have, beloved ones, a book of absolutely practical occultism. For the love of loves, we brothers of the temple advise you with infinite humility not to waste time theorizing. The opium of theories is more bitter than death.

Be humble to attain wisdom, and after attaining it, be still more humble.

Practice with the teachings of this book and you shall develop your divine powers.

Be constant, beloved ones, be patient, have absolute faith in the Divine Mother Kundalini. The Lady of all adoration leads her devotees from chakra to chakra.

When the igneous serpent of our magical powers awakens, the devotee passes through six short unforgettable experiences, namely: Divine felicity, trembling of the body and of the limbs, astral departures, Spiritual voluptuousness, pain in the coccygeal bone and strange faintings, very profound sleep full of spiritual lucidity.

These six signs indicate to the disciple the awakening of the Kundalini. Thus, just as the gardener waters his inner and delicate garden with the sublime nectar of love until the delightful fruits of Eden appear.

The Yellow Book is truly a manual of practical esotericism. Know, well-loved disciples, that this text is a sure guide on the path of initiation.

Study this book and practice with intensity and supreme patience. With the awakening of the Kundalini, many occult powers appear. When this happens, beware of falling into pride. Having those powers, be as one who does not have them. Recognize then your own misery and sin. Take refuge in nothingness. You are only the sinful shadow of the one who has never sinned.

Develop your inner powers, but dissolve the self, the me, the reincarnating Ego. Only by dissolving the self shall you achieve total liberation.

The self is a horrible larva placed in the various depths of the mind. When the self is dissolved, that great lord of light enters into the soul and makes in it his dwelling.

We brothers of the temple feel great bitterness when we see some great Master who, despite having awakened the Kundalini, still keeps the self alive in the profound depths of the mind.

Beloved ones, here you have a book to awaken the Kundalini and develop all the occult powers. Practice, beloved ones, but dissolve the Self. Recognize your own misery and sin. Fast much, pray, tread with faith, patience, and charity the rocky path that leads to Nirvana.

*SAMAEL AUN WEOR*

### **About the Author**

#### **Samael Aun Weor**

The V.M. Samael Aun Weor is the founder of AGEACAC (Gnostic Association of Anthropological and Cultural Studies, A.C.) and of the International Gnostic Movement.

He left a great teaching that synthesizes the path that man must follow to arrive at the complete awakening of his consciousness and at his self-realization. The V.M. Samael was an anthropologist, sociologist, spiritual guide, and author of more than 70 books, and he delivered more than 300 conferences.

He dedicated his life to deepening the great truths that the diverse civilizations have bequeathed to humanity in various forms of manifestation: philosophy, religion, art, and science.



*"The new era of Aquarius is approaching. Let us raise our cup and toast to the Gods, drinking the wine of light."*

— *Samael Aun Weor*



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